



Activities at Home

Dear Parents

Our topic for the period 15th January to Wed 1st April 2020 is

People who Help Us

The areas we will be covering are;

In an emergency we dial '999'

Fire fighters wear safety uniforms and put out fires.

A lollipop person helps us to cross the road.

Zebra crossings and pelican crossings are safe places to cross the road.

Refuse collectors take our rubbish

The post man delivers letters and parcels to our homes.

We need to exercise and eat well to stay healthy.

The dentist helps us look after our teeth.

We go to the doctor when we are sick.

Police officers help us to stay safe.

We will be learning the following rhymes and songs;

Pelican Crossing

Miss Poly had a Dolly

The Wheels on the Bus

Doctor Foster went to Gloucester

Humpty Dumpty sat on a wall

Bob the Builder

Postman Pat

Topsy and Tim go to the Doctor

Fireman Sam

Miss Jollipop

You might wish to help your child to explore this topic at home or when you are out and about

Our suggested activities are:

Spend time reinforcing the importance of using the green cross code when crossing the road. Ask your child to tell you when she/he thinks it is safe to cross the road.

Encourage them to always listen as well as look. Take your child on a bus ride. Show them how to use your card to pay for the ride. Plan where you would like to go together.

Encourage your child to help you put out the rubbish and help you decide which items can be recycled. Take them to the recycling centre. Talk about the importance of visiting the doctor when you are ill and going to the dentist to keep your teeth clean by brushing every morning and night. Ask your child if they know what number to ring in an emergency if you need an ambulance, fire engine or a policeman.

Make a point of looking at builders and the work they are doing, what clothes do they wear and what tools or machinery they are using. Encourage children to help you with the gardening taking out weeds and planting new flowers. Maybe allow children to have their own space in the garden to grow fruit or vegetables.